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WEEK

SEPTEMBER 6th to 13th
1930



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PREFACE.



IN presenting this programme and handbook the committee wish to point out that the whole of the work entailed for "Hospital Week" 1930 has been carried out by people who are actively engaged in business, but who are sparing time in order to take



Coat of Arms of the Baildons.

part in an effort, which they deem to be a work of real public usefulness, and they appeal to you for support.

The committee tenders its thanks to all who have helped in any way to further the success of Baildon's 1930 effort for local charities.

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Introduction.

If much of what is written in this booklet seems to the reader to be obvious, and therefore superfluous, it should be remembered that it is intended for ordinary household use, and that in many quarters there is still room for improvement in the knowledge of first aid in the home.

A glance at the general index will enable the reader to see the arrangement of the pages of the book.

First Aid in the Home.

In every home emergencies are constantly happening which have to be handled by those on the spot, and which may be treated successfully, if the attendant has even a small but sound knowledge of the principles of first aid.

WHEN TO CALL IN THE DOCTOR.

It should always be borne in mind that other than slight cases of injury or disease should receive skilled professional treatment, and the rule should be to call the doctor at once, in all cases of serious illness or accident.

Don't try to doctor yourself; it is both dangerous and unjust and do not rely on patent medicine, the composition of which you know nothing about.

CLINICAL THERMOMETER.

A most valuable household possession is a clinical thermometer. In any case of illness it is important to know whether or not the patient has a rise of temperature. If the temperature is over 101° it is time to call in the doctor.

PAIN.

Whenever pain occurs the first remedy to think of is heat, either dry in the shape of a hot water bottle or hot flannels, or a fomentation or other kind of moist application. Drugs should never be resorted to until external treatment has failed.

HIGH TEMPERATURE.

In the case of a patient with a high temperature, much benefit will be conferred by sponging with cold water, or tepid water for a child, one part being sponged and dried at a time till the whole body is gone over.

UNCONSCIOUSNESS.

In any case of whole or partial loss of consciousness, from any cause whatever, the mouth should be opened to ascertain if false teeth are worn, and if so these should be removed, otherwise the patient may swallow them.

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Common Complaints.

Headache.

Headache is not a disease; it is as a rule a symptom of some other disturbance of the body. The causes of headache are numerous, some being very simple and easily remedied.

Simple headaches react to simple remedies, for example, those caused by gastric or liver disturbances or constipation are readily remedied by an aperient pill combined with a saline.

This form of treatment is more satisfactory than using drugs, for here the cause is removed, while drugs only allay the pain. Repeated headaches should be dealt with by a doctor; he may find out what is causing them and advise you accordingly.

If you have a headache see that your bowels are working properly.

Lie down in a quiet place and try to sleep. Cold applications to the forehead. Half teaspoonful of sal-volatile in a wineglassful of water.

Earache.

Heat in any form tends to relieve earache, and there is no better soother of the pain.

Dry heat can be applied by making a small flannel bag and filling it with common salt which has been heated on a shovel or by a hot potato wrapped in flannel.

Earache may be due to hard wax pressing upon the drum and can be relieved by pouring into the ear a few drops of warm Almond or Olive oil. If the ear is discharging the doctor should be consulted.

Nose Bleeding.

This may be due to a slight injury or may come on without injury, especially in children. Slight bleeding from the nose does no harm and requires no treatment.

Severe bleeding does not usually prove difficult to stop. Lay the patient down, do not blow the nose; apply cold applications to the back of the neck; pinch the soft part of the nose.

If bleeding continues call a doctor and while waiting plug the nostril with a cotton wool or gauze plug. This may be gently pushed into the nostril with the end of a pencil.

Colds.

Rightly termed "The commonest plague of modern life," is really acute nasal catarrh. The symptoms, in the first stages are a feeling of tiredness with chilliness, irritation in the nose, a slight headache, and pains in the limbs. A watery discharge from the nose occurs and within twenty-four hours the airway of the nasal

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organs becomes blocked and the temperature rises one or two degrees; the pulse quickens, the skin is dry, the appetite is impaired, and the sense of smell is weakened. If you feel a cold coming on it can be often checked in the following manner:--

Take a hot bath or foot bath, 5 or 10 grains of aspirin, a hot drink, and go to bed. The resulting sweat helps to break up the cold. A light mixed diet is a very important thing. Very severe cases require rest in bed, and medical attention, but simple colds only require protection from exposure and a few doses of quinine.

If there is a temperature, a mixture of dilute solution of ammonia acetate one drachm, half a drachm of sweet spirits of nitre and camphor water to one ounce, taken four times a day, will be found to be very useful. Local treatment in the first stages should consist of douching the nose with a weak warm solution of bi-carbonate of soda or common salt.

If douching the nose is inconvenient, breathing the vapour of an inhalant should be tried.

Croup.

Everyone in charge of children should learn to treat spasmodic croup, because attacks come on so suddenly. It is most common between the ages of two and five years. A child may catch a slight cold, go to bed, and during the night may suddenly awake to find itself struggling for breath. It struggles for air, goes blue in the face, and in a short time air is drawn into the lungs with a harsh crowing noise.

The attack is sudden and may cause the parents a great deal of anxiety, but it is rarely fatal.

The child should be at once put into a hot bath, or if that does not act, hot and cold water should be dashed, alternately, over the face. Another is to put the finger down the child's throat and make it vomit; this often stops the spasm.

A teaspoonful of ipecacuanha wine is a favourite remedy to start vomiting, and is particularly good if the child has overloaded the stomach during the day.

Spasmodic croup is of nervous origin and the general health of the child should be looked after. Therefore early medical advice should always be sought.

Whooping Cough.

The commencement of whooping cough bears some resemblance to simple catarrh, with an irritation of the throat; the child feels off colour and the temperature is usually a little above normal. Efforts to get breath, which cause the whoop, and the violent sickness are very distressing and frighten the child, therefore it should never be left unattended.

WEDDINGS

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Immediately a paroxysm of coughing starts the child should be supported, with its head in a leaning-forward position; this helps to relieve the fright so often caused by an attack.

Among simple remedies for internal use preparations of garlic and aniseed have been used with great success.

The diet is of great importance in severe cases, and milk should form the basis of diet, varied with meat extracts or beef-tea. Most patients are able to take ordinary light foods, but starchy and indigestible foods should be avoided.

In mild weather, if the temperature is normal, the child should be out of doors, as fresh air exerts a most beneficial effect and helps to stimulate the appetite. The chest should be rubbed twice daily with camphorated oil and protected with a layer of cotton wool. It should be remembered that crying and over excitement tend to bring on fits of coughing and sickness.

Upset Stomach.

If the pain is not severe, a hot-water bottle on the abdomen may help. Only very light foods should be eaten. Do not eat heartily when overtired or just before going to bed.

If the pain is severe and the attacks are repeated, consult the doctor, for it may mean a more serious condition and delay would be dangerous.

Diarrhoea.

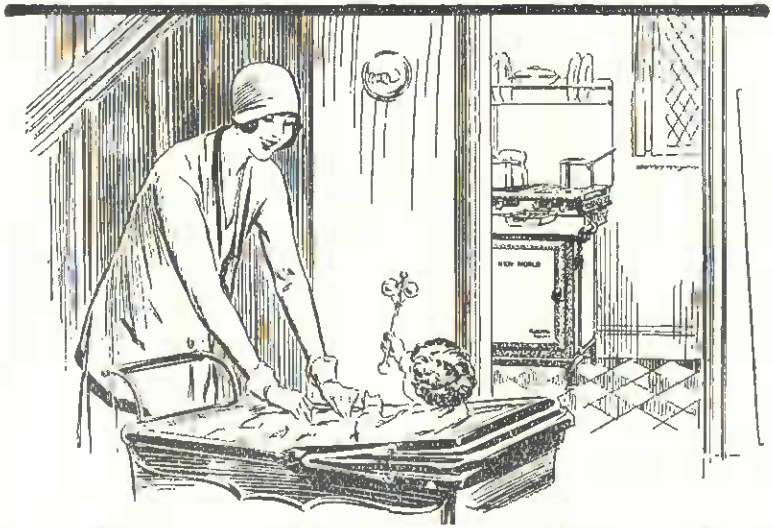
This is due to irritation of the intestines. Acute, simple diarrhoea yields quickly to simple measures, the most important of which is the withholding of food for at least twenty-four hours, and giving plenty of cold water to drink. It is a good practice to give a dose of castor oil or rhubarb as soon as the trouble is discovered.

Persistence of diarrhoea in spite of simple remedial measures, the passage of blood, painful straining, and the alternation of constipation and diarrhoea, call for immediate medical advice.

Constipation.

Constipation in the old or young should never be left untreated, nor, if it fails to respond to simple treatment, should it be accepted as something inevitable and natural to the individual. Medical advice should be promptly obtained. The regular use of salts is not advisable; the action may be too severe, and it will be found necessary to go on increasing the dose.

The two medicines which give the best results are preparations of cascara and aloes, the dose of which should be just sufficient to move the bowels and the dose should be decreased until it is



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possible to dispense with the medicine altogether. Constipation can, in many cases, be cured by carrying out the following directions:—

Have a regular time for the bowel movement each day. Drink plenty of water, especially on rising. Restrict the use of tea, boiled milk, cocoa, and cheese. Eat plenty of bulky foods, such as wholemeal bread, cereals, green vegetables (except peas and beans), and fruit. Get sufficient sleep and exercise.

The treatment of constipation in children is conducted on similar lines and may be due to an insufficiency of sugar or of fat in the diet. Milk or cane sugar may be given and fat should take the form of cream. If there is much straining, it is far better to use an enema or a glycerine suppository, than to give an opening medicine.

Heartburn.

Heartburn is due to indigestion, comes on from ten minutes to one hour after taking food, and is really a disturbance of the digestive juices of the stomach.

The treatment of heartburn should in all cases be directed to the correction of the digestive error and should it be frequent, the doctor should be consulted. During the attack the best remedy is an alkali, such as half a teaspoonful of bi-carbonate of soda, or of sal-volatile in water.

Excessive use of tea, coffee, pickles, and highly-seasoned foods should be avoided and the food should be well masticated before swallowing.

Chilblains.

Chilblains are due to poor circulation of the blood and people who are annual sufferers should commence treatment before the cold weather sets in. Circulation in the hands and feet can be improved as follows:—

Five minutes exercise in stretching the hands and feet each day, gentle friction of the fingers and toes with a soft nail brush and warm or cold water. Gentle rubbing of parts likely to be affected with spirits of camphor. General health should be looked after, and where necessary sustained with tonics. Great value can be derived from preparations of Cod-Liver oil.

Warming cold fingers and toes at the fire, and dipping cold feet and fingers into hot water is a sure way of inviting chilblains. Sharp friction and free movement rapidly restore the circulation.

For the treatment of unbroken chilblains, spirits of camphor, Friar's Balsam, and iodine are useful.

For broken chilblains, bathing the affected parts in warm boric lotion, and the application of an antiseptic healing ointment is absolutely necessary, cleanliness being of great importance.

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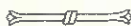
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First Aid in Sudden Emergency.

The following instructions, which deal with emergencies that commonly come within the purview of first aid, are purposely highly condensed.

Animal Bites.

If the animal is obviously healthy, wash the wound with warm water or an antiseptic lotion and apply an antiseptic dressing.

If the animal is possibly rabid, stop the circulation with a tourniquet; if a limb or if a finger, grasp firmly round the root. Suck; encourage bleeding; wash with antiseptic solution. There is no danger in sucking the wound if the skin of the lips is unbroken.

Warmth and stimulants should be given if necessary and the doctor called as soon as possible. Treatment for a viper bite is the same.

Bleeding.

Free external bleeding: Put the finger or thumb at once on the bleeding spot; replace the finger as soon as possible with a firm pad of dressing. If necessary press on the main artery of the part with the fingers; in the case of a limb apply a tourniquet. If there is bleeding from a limb the doctor should be summoned at once and in the meantime no stimulants should be given.

Oozing of blood: Bandage on firmly a pad of clean dressing.

Bleeding from socket of extracted tooth: A firm pad made from a clean pocket handkerchief should be bitten.

Spitting or vomiting blood: Send for the doctor; lay the patient down with the shoulders slightly raised and give plenty of fresh air and warmth to the feet if necessary.

Burn (skin not broken).

Apply at once any of the following:—Vaseline, caron oil, or any other oil, boric powder, or a thick paste of bi-carbonate of soda.

Skin Broken.

Use boric lint moistened or a clean rag dipped in an antiseptic lotion.

Severe Burn of Child.

Place the child in a warm bath and then undress it. To uncover a burn, do not pull away the clothing; cut and soak it off. In the case of a severe burn call the doctor at once and until he arrives small doses of stimulants may be given.

Scalds are treated in the same manner.

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Choking.

Pass the finger or the handle of a spoon inside the cheek to the back of the throat, and try to hook the foreign body forward. Slap vigorously on the back to try and dislodge it. If a sharp article has been swallowed, encourage the patient to eat for several days as much mashed potato and bread as possible. Give no laxative for several days and watch the bowel movements until the object has been passed.

Ear.

If a foreign body gets into the ear (e.g., pea or insect), put in a little warm almond or olive oil. Do not syringe the ear without the doctor's orders. Never poke the ear with anything smaller than the little finger.

Eye.

If there is a foreign body in the eye, wash the eye freely with warm water, if under the lower lid, draw the lid down and remove with the corner of a handkerchief; if under the upper lid, turn the lid over on a match, while the patient is looking at his feet, and remove as above. Do not attempt to rub a foreign body out of the eye. If there is any difficulty see the doctor at once.

Fainting.

Lay the patient flat on the floor, loosen any tight clothing at the neck and chest, give smelling salts, and when able to swallow, sips of water, or sal volatile and water.

Insect Bites.

Bathe the bites with any of the following solutions:—Ammonia, bicarbonate of soda, or permanganate of potash. Bites can be prevented by dabbing the exposed parts with compound tincture of lavender or any volatile oil. Mosquito bites can be prevented by dabbing the exposed parts with a solution of Epsom salts.

Itching.

The affected parts should be sponged with very hot water, if relief is not obtained use either a heaped teaspoonful of bicarbonate of soda, or a weak lead lotion for bathing the parts. A zinc and starch dusting powder may then be used.

Poisoning.

In all cases call the doctor in at once, saying it is "case of poisoning," and while waiting if there are stains on the lips or mouth give *no* emetic. If the poisoning is from an acid, give chalk, whiting, magnesia in water, and except for salts of lemon, bicarbonate of soda. If the poisoning is from alkalis, like caustic soda, give weak vinegar or lemon juice. If the poisoning is from carbolic acid, lysol, or creosote, give a dessertspoonful of Epsom salts in water and repeat the dose in half an hour.

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Other Poisons.

Give an emetic, such as a tablespoonful of mustard or common salt in a glass of water, and tickle the back of the throat to promote vomiting. Strong warm tea or tepid water may be given freely, and white of egg, gruel, etc., may be given.

If the patient is drowsy, make every effort to keep him awake. If there is pain in the body, apply hot fomentations or poultices, and for faintness or collapse, give weak spirits. All vomited matter should be kept for the doctor's inspection.

Stings.

First extract the sting, then apply a weak solution of ammonia, sal volatile, or bicarbonate of soda. If there is severe inflammation and general illness, obtain medical advice.

Stomach-ache.

There are many remedies for this complaint and the following are probably the most useful:--Bismuth and soda mixture, peppermint water, essence of cinnamon or spirits of camphor, 5 drops on sugar; dilute spirits and heat applied to the abdomen.

For stomach-ache in infants give sips of warm water or dill water and apply a warm flannel to the abdomen and warm the feet. If relief is not speedily obtained, consult the doctor.



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Fruit and Flower Stall in the Town Gate
from 8 a.m. onwards.

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Tailor and Outfitter,

11b, WESTGATE, BAILDON.

For GENUINE TAILOR-MADE SUITS,
OVERCOATS and all Sports Clothing.

PLUS FOUR SUITS A SPECIALITY.

Gent's Own Material Made up. Prices Reasonable.
Guaranteed Workmanship.

AGENT FOR MARTINS DYERS & CLEANERS.

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20 Browgate, Baildon.

THE CHEAPEST SHOP
FOR ALL KINDS OF

DRAPERY, HOSIERY and TOYS

GILBERT'S GRAMOPHONES

and

BROADCAST RECORDS

LICENSED TO SELL TOBACCO.

Sunday, Sept. 7th, 1930.

United Church Service

In the

Town Gate,

At 3 p.m., followed by

Band Performance by the
Clayton Silver Prize Band

EVENING at 8 p.m.

Sacred Concert

In Town Gate,

If wet in BILDON PICTURE HOUSE, by kind courtesy of
the proprietor, M. ABRAMS, Esq.

Selections by the
Clayton Silver Prize Band,
Bildon Musical Union
Male Voice Choir,
etc., etc.

Telephone Shipley 1187.

E. MARSDEN

PLASTERER, WHITEWASHER,
and Concrete Floor Layer,

*ROOFS CAREFULLY REPAIRED.
JOBING WORK PROMPTLY ATTENDED TO.*

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Smith & Hardcastle Ltd.

FURNISHING AND GENERAL

IRONMONGERS, ELECTRICIANS,

MILL FURNISHERS

Up-to-date Stock of WOOD MANTELS,
TILE SURROUNDS, GARDEN TOOLS,
LAWN MOWERS, Etc. TOOLS for all
Trades. INSPECTION INVITED.

49, 51, 53, Godwin Street

BRADFORD. Tel. 6326, 6327—2 lines.

Monday, Sept. 8th, 1930.

TOWN GATE.

Commencing 7-30 p.m.

The Novelties Costume Concert Party

will give two distinct shows.

CAST:

CLIFFORD RHODES	Comedian
BOB ELLIS	Tenor
PHYLLIS CARR	Soubrette
ALBERT STRICKLAND	Baritone
GEORGE BONELL	Light Comedian
EMMIE WARD	Soprano
HARRY EDISON	Pianist

In SONGS, DUOS, CONCERTED BURLESQUES, Etc.

Also Surprise Items on the Stage.

JOSEPH DYSON

Plumber and . . .
Sanitary Engineer,

Works :

NORTHGATE, BAILDON

Residence : 2, ANGEL STREET, BAILDON.

*GOOD FOOD is the SECRET of
GOOD HEALTH*

YOU GET THE BEST AT

BOTTOMLEY'S

*THE MODERN GROCERY
AND PROVISION SHOP,*

BROWGATE :: BAILDON.

ORDERS SOLICITED and
DISCOUNT GIVEN.

Phone . . .

DAILY DELIVERY to ALL
PARTS OF THE DISTRICT.

Shipleigh 297.

Tuesday, Sept. 9th, 1930.

Town Gate.

At 7-30 p.m.

Grand Surprise Night.

Football Match

Football Ground, The Grove, Baildon,

BAILDON WESLEYANS v. THE REST

Kick-off 7 p.m.

Whist and Bridge Drive,

BAILDON PICTURE HOUSE,

At 7-30 p.m.

TICKETS 1/6

E. LEADBEATER

Family Butcher

PRIME ENGLISH BEEF, MUTTON, PORK & LAMB
HOME FED BACON and HAMS

At Keenest Cut Prices

20 WESTGATE, BAILDON

Also in MARKET PLACE, SHIPLEY (Saturdays only)

Orders promptly attended to

W. FAWCETT

Joiner and Builder,

Undertaker :: Cabinet Maker

Rustic Worker

7, MOORGATE, BAILDON

Works: MALT SHOVEL YARD.

Wednesday, Sept. 10th, 1930.

Town Gate

at 7-30 p.m.

The Royal Futurists

IN SENSE AND NONSENSE.

(THE BLUE RIBAND OF CONCERT PARTIES).

CAST.

CORA DOREEN	Soprano
PHOEBE BUSFIELD	Entertainer and Dancer
MARIE WILKINSON	Soubrette and Dancer
STANLEY BALDING	Light Comedian
HARRY MILNER	Bass-Baritone
EDGAR SIDDALL	Solo Pianist
JACK RODEN	The Comedian

TO CHEAT THEE OF A SIGH or CHARM THEE TO A TEAR.

Also SURPRISE ITEMS and SPECIAL ATTRACTIONS

Grand Amateur Boxing Tournament

(Under N.C.A.B.A. Rules),

Organized by F. WOOD, Esq.

Will be held in the SHOWFIELD, BAILDON.

At 7-0 p.m.

EVENTS—

FLY-WEIGHTS, BANTAM-WEIGHTS, FEATHER-WEIGHTS,
LIGHT-WEIGHTS, WELTER-WEIGHTS.

VALUABLE PRIZES GIVEN.

ADMISSION 1/6 and 2/6 (Ring side seats bookable).

Whist Drive

IN

ST. PAUL'S SUNDAY SCHOOL, OTLEY ROAD, TONG PARK

To commence at 7-30 p.m.

ADMISSION 1/6 including refreshments.



Diamond

Engagement

Rings

Of finest quality and
exceptional value.
Beautifully mounted
in Pure Platinum.

Prices from £5 to £100

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Designs.*

EVERY RING GUARANTEED.

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High-class Grocer and Provision Merchant

All kinds of Bottled Beer and Stouts kept in stock

Agents for WHITEWAY'S CIDER

Orders sent to all parts of the District Daily

Telephone: SHIPLEY 1028

Thursday, Sept. 11th, 1930.

Town Gate

To commence at 7-30 p.m.

Thread o' Scarlet.

A Play in One Act, by J. J. Bell.

Scene: Smoke-room of a small village inn. An evening in February, about 20 minutes from closing time.

	Characters:	
Migsworth	Village tradesmen	{ T. CARROL
Smith		{ H. SMITH
Butters.		{ F. DYSON
Landlord of Inn		{ E. CLARK
Breen (an odd-job man)		{ J. WHITELY
A Traveller		{ J. CAMPION

(By arrangement with Messrs. J. P. Pinkner, Strand, London).

The Monkey's Paw.

A Story in Three Scenes, by W. W. Jacobs, dramatized by Louis N. Parker.

Scene: The living room of an old-fashioned cottage on the outskirts of Fulham.

Mr. White	J. CARROL
Mrs. White	B. WHITHAM
Herbert (their son)	S. LOFTHOUSE
Sergt.-Major Morris (an old Indian campaigner)	N. MARSHALL
Mr. Sampson	T. JACKSON

(By arrangement with Messrs. S. French, Strand, London).

The Dear Departed.

A Comedy in One Act, by S. Houghton.

Scene: Sitting-room of a small house in a lower middle-class district of a northern town, Saturday afternoon.

Mrs. Slater	Sisters (née Merryweather)	{ E. CLARK
Mrs. Jordan		{ H. SMITH
Henry Slater		{ J. CAMPION
Ben Jordan		{ A. RICHMOND
Victoria Slater (a girl of ten)		{ G. WRIGLEY
Abel Merryweather		{ J. WHITELY

(By arrangement with Messrs. S. French, Strand, London).

The Plays will be performed by the Amateur Dramatic Class of the Sedbergh Boys' Club, Bradford. Producer and Coach: Mr. A. BLEWITT.

SELECTIONS BY THE **Clayton Silver Prize Band**

**THE
STAFF AND
STUFF OF LIFE !**

**GOOD
BREAD**

Order Your

BREAD



From the . . .

**WINDHILL
CO-OPERATIVE
SOCIETY**



Friday, Sept. 12th, 1930.

Town Gate

At 7-30 p.m.

THE NEW FRIVOLITIES

In a concoction of Mirth, Melody and Movement.

CAST.

BERT BROOKE	Comedian
HAROLD SCARR	Baritone
DOROTHY BRADY	Dancer
DORIS WRIGHT	Soprano
RONNIE TEMPEST	Accompanist
GEORGE BASHTON	Dame Comedien and Dancer
CONNIE ROBERTSHAW	Soubrette

ALSO OTHER SPECIAL ATTRACTIONS
ON THE STAGE.

JUMBLE SALE

Women Unionists' Room,
North Gate.

To Commence 6-0 p.m.

Saturday, Sept. 13th, 1930.

Children's Sports.

BAILDON GREEN CRICKET CLUB GROUND,
JENNY LANE. Commencing 2-30 p.m.

EVENT

- 1 Flat Race, Boys, age 7 and 8 years.
- 2 Flat Race, Girls, age 7 and 8 years.
- 3 Flat Race, Boys, age 9 and 10 years.
- 4 Flat Race, Girls, age 9 and 10 years.
- 5 Final, Event 1.
- 6 Final, Event 2.
- 7 Flat Race, Boys, age 11 and 12 years.
- 8 Flat Race, Girls, age 11 and 12 years.
- 9 Final, Event 3.
- 10 Final, Event 4.
- 11 Flat Race, Boys over 12 years.
- 12 Flat Race, Girls over 12 years.
- 13 Final, Event 7.
- 14 Final, Event 8.
- 15 Flat Race, Boys 5 years of age.
- 16 Final, Boys 5 years of age.
- 17 Flat Race, Girls 5 years of age.
- 18 Final, Girls 5 years of age.
- 19 Flat Race, Boys 6 years of age.
- 20 Final, Boys 6 years of age.
- 21 Flat Race, Girls 6 years of age.
- 22 Final, Girls 6 years of age.
- 23 Final, Event 11.
- 24 Final, Event 12.
- 25 Slow Cycle Race, Open, 100 yards.

TEA INTERVAL.

- 26 Egg and Spoon Race, Girls 7 and 8 years of age—Heats.
- 27 Egg and Spoon Race, Girls 9 and 10 years of age—Heats.
- 28 Final, Event 26.
- 29 Final, Event 27.
- 30 Skipping Race, Girls 11 and 14 years of age—Heats.
- 31 Final, Event 30.
- 32 Needle Threading Race, Girls 12 years and over—Heats.
- 33 Final, Event 32.
- 34 Sack Race, Boys age 11 years and under—Heats.
- 35 Final, Event 34.
- 36 Sack Race, Boys age 12 years and over—Heats.
- 37 Final, Event 36.
- 38 440 yards Flat Race, age 11 and under.
- 39 880 yards Flat Race, age 12 and over.

Saturday, Sept. 13th *continued.*

Flower & Vegetable Show

IN THE

MORAVIAN SCHOOLROOMS, WESTGATE,

Show opens at 5-30 p.m.

TWO PRIZES FOR EACH CLASS, viz., 4/- and 2/-.

- 1 6 Round Potatoes.
- 2 6 Kidney Potatoes.
- 3 1 White Cabbage (not less than 2 lb.).
- 4 1 Red Cabbage.
- 5 1 Cauliflower.
- 6 2 Sticks of Celery.
- 7 12 Kidney Beans.
- 8 6 Tomatoes.
- 9 3 Round Beetroot.
- 10 1 Bunch of Flowers (garden grown).
- 11 1 Gent.'s Buttonhole (Orchids barred).
- 12 1 Lady's Spray.
- 13 12 Sweet Peas (3 varieties).
- 14 3 Vases of Annuals (Antirrhinums barred).
- 15 3 Vases of Perennials.
- 16 3 Vases of Chrysanthemums.
- 17 2 Vases Gladioli (any variety).
- 18 6 Cactus Dahlias.
- 19 6 Pom-Pom Dahlias.
- 20 6 Collarette Dahlias.
- 21 6 Hen Eggs, White (one to be broken).
- 22 6 Hen Eggs, Brown (one to be broken).
- 23 1 Dressed Chicken.
- 24 1 Loaf White Bread.
- 25 1 Teacake (Plain).
- 26 1 Teacake (Brown).
- 27 1 Glass Redcurrant Jelly.

Entries close at 2-30 p.m. on day of Show. Entrance 4d. each class.

All exhibits to be sold in aid of charities.

SHOW ORGANIZERS:—

Messrs. G. REDFERN, C. THOMSON, C. SCRIVENER, W. PALFREYMAN
and T. MOSS.

F. LEAMING, Show Secretary.

Saturday, Sept. 13th—*continued.*

Grand Carnival Night!

THE RETURN OF
THE NOVELTIES
CONCERT PARTY

SUPPORTED BY
Turns from District Theatres.

Commencing at 6-30 p.m.

Grand Amateur Boxing Tournament

(Under N.C.A.B.A. Rules).

Organised by F. Wood, Esq.

Will be held in the SHOWFIELD, BAILDON.

EVENTS:

Fly-weights, Bantam-weights, Feather-weights,
Light-weights, Welter-weights.

VALUABLE PRIZES GIVEN.

ADMISSION 1/- and 2/6 (Ringside Seats Bookable).

ESTIMATES FREE.

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Paperhanger and Decorator

PATTERN BOOKS SENT TO ANY ADDRESS.

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ON SALE EVERYWHERE

SEPTEMBER 15th—

T'OWD

Clock Almanack

FOR 1931

WRITTEN BY BEN TURNER, M.P.
and WALTER HAMPSON.

PRICE - 3d.

PREVENTING HOME ACCIDENTS

YOU can prevent many accidents in the home by taking the following precautions :

Never use as a substitute for a ladder a rocking chair or any piece of furniture that does not stand firmly on the floor.

Keep stairs well lighted and clear of articles.

Sprinkle sand or ashes on icy steps.

*Keep kettles of hot liquid out of reach of children.
Never allow children to carry them.*

Keep matches in a metal container out of reach of children.

Do not use petrol in the house.

Do not leave clothing hanging near the fire.

Never touch a broken or sagging electric wire. It may be a live wire.

Avoid handling defective electric fixtures.

*Never turn a gas burner low and allow it to burn all night.
The flame may be extinguished by a change of pressure or a slight draft, thus allowing the room to become filled with gas.*

Be sure that tubing of gas stoves does not leak and that fixtures and valves are tight.

Never use in a closed room a gas heater which is not connected with a flue. Where possible, have a stationary pipe connection for all gas stoves.

Keep bottles containing poisonous drugs under lock and key, carefully labelled "Poison." Always read the label before taking the contents of a bottle.

Do not leave tin cans, boards containing nails, or any sharp-edged objects lying about.

THE NEW AUSTIN SEVEN HAVE YOU SEEN IT?

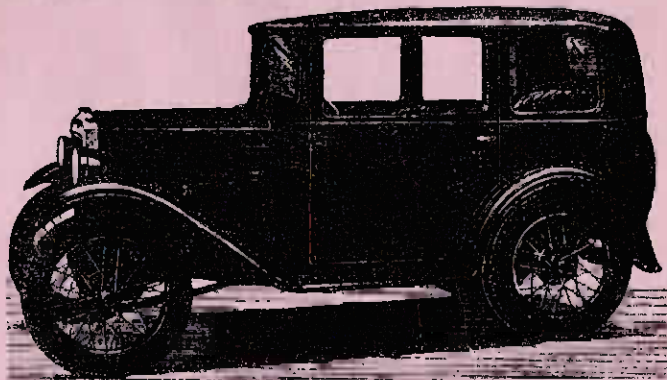
... IT'S THE FINEST LIGHT CAR, IRRESPECTIVE OF PRICE
YET BUILT.

THE NEW AUSTIN
COACH BUILT OR
FARRIC SALOON
AS ILLUSTRATED.

£140

TOURERS £130.

Standard equipment in-
cludes: Brakes, glass,
chromium plating, elec-
tric lighting and start-
ing, wire wheels, Dunlop
tyres.



Improvements and refinements make the Austin Seven a car of still greater appeal.

Here are a few of these improvements: New body lines enhance the appearance. Pneumatic upholstery gives greater comfort. Length has been added to the body, which now will seat four adults. Either the pedal or hand lever applies brakes to all four wheels, while a reserve petrol supply is provided by the introduction of a two-level tap in the petrol tank.

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FREE OF ALL OBLIGATION—Part Exchanges a Speciality.**

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TOWN HALL SQUARE

BRADFORD

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PEAS**

**BOIL
BEST**



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